



PET 3441 – Middle School ID&C

Section 001, 3 Credit Hours

College of Education

LLEEP Department

COURSE SYLLABUS

Semester:	Spring 2026
Class Meeting Days:	T/TH* (See schedule below for specific locations/days)
Class Meeting Time:	12:30-1:45pm
Class Meeting Location:	PED 213/North Gym/Local Schools (See calendar)
Instructor:	Dr. Sara Flory
Office Location:	PED 225
Office Hours:	T/TH 11:30-12:30 or arranged
Email:	sbflory@usf.edu

I. Welcome!

This course is the first of two methods courses focused on secondary physical education. Middle school students have unique characteristics that differentiate them from elementary-aged and high school-aged students. Although some students come to this course with an idea of what level they may want to teach upon graduation, it is important to be prepared to teach all levels since your teaching certification will span the K-12 spectrum. I am excited to get to know the cohort throughout this first semester together!

II. University Course Description

The development of physical education content and instructional practices for middle school students. The focus is upon matching appropriate content and learning experiences to the unique needs of the pre- and early adolescent learner.

III. Course Prerequisites

None

IV. Course Purpose

The purpose of the course is to provide students with the knowledge and skills necessary to plan and conduct physical education programs which meet National and State Content Standards while conforming to the "Middle School Model." This is a required course for the Physical Education program.

V. How to Succeed in this Course

To succeed in this course, you will need to come to all classes with an open mind, and commit to reading the texts assigned so that you can engage in class activities and discussion. You will also need to allow enough time to engage in assignments outside of class, and manage your time wisely!

VI. Course Topics

1. Students will understand effective middle school curricular models
2. Students will understand lesson planning for secondary physical education
3. Students will understand effective management techniques in middle school physical education classes
4. Students will define personal values and beliefs by acknowledging and reflecting on their own identity.
5. Students will develop relationships with others from different cultural backgrounds through their experiences in diverse school and community settings.

VII. Student Learning Outcomes

By the end of the course, the candidate will be able to:

identify those elements which make a middle school unique and explain how a physical education program can fit the middle school model. (FEAP 1a,b,c,f, CF 1, 2, 5, 6; NASPE 2, 3, 4, 8, 10; FSM 1, 2, 3, 4, 7, 8, 9)

identify the psychomotor, cognitive and affective objectives appropriate to the middle school physical education program. (FEAP 1a-f, 4b; CF 2, 6; NASPE 1, 2, 3, 6; FSM 4, 5, 7)

demonstrate instructional practices appropriate for conducting learning experiences for middle school students. (FEAP 1a-f, 2a-l, 3a-j, ; CF 1, 2, 5, 6; NASPE 2, 3, 4, 5, 6; FSM 2, 3, 7, 9)

design experiences which will achieve the psychomotor, affective and cognitive objectives of a middle school physical education program. (FEAP 1a-f, 3a-j, 4a,b; CF 2, 6; NASPE 1, 6; FSM 2, 3, 5, 6, 7)

design physical education experiences which accommodate heterogeneity in the target population (growth and development, learning style, gender, race, ethnicity and culture). (FEAP 2a-l, 4d; CF 2, 5, 6; NASPE 1, 2, 3, 6; FSM 2, 3, 4, 7, 8)

identify and describe curriculum models that best meet the needs of the middle school learner. (FEAP 1a-f, 3a-j; CF 2, 6; NASPE 1, 2, 3, 6; FSM 2, 3, 4, 7)

demonstrate appropriate assessment techniques for middle school physical education experiences. (FEAP 4a-d; CF 6; NASPE 7; FSM 8)

define personal values and beliefs by acknowledging and reflecting on their own social identity.

develop relationships with others from different cultural backgrounds through their experiences in diverse school and community settings.

VIII. Required Texts and/or Readings and Course Materials

Mitchell, S.A., Oslin, J.L., Griffin, L.L. (2021). *Teaching sport concepts and skills: A tactical games approach (4th ed.)*. Champaign, IL: Human Kinetics. ISBN: 9781492590484

Redmond, K. *Quality lesson plans for outdoor education*. Champaign, IL: Human Kinetics. ISBN: 9780736071314

Florida Sunshine State Standards (latest revised standards)

Other readings will be provided on Canvas.

IX. Grading Scale

A+ = 97.5 – 100%	A = 93.5 – 97.49%	A- = 90 – 93.49%
B+ = 87.5 – 89.99%	B = 83.5 – 87.49%	B- = 80 – 83.49%
C+ = 77.5 – 79.99%	C = 73.5 – 77.49%	C- = 70 – 73.49%
D+ = 67.5 – 69.99%	D = 63.5 – 67.49%	D- = 60 – 63.49%

X. Grade Categories and Weights

<u>Assignment</u>	<u>Points</u>	<u>Percentage of Grade (Weighted)</u>
Adventure Education Quizzes (4)	40	4.5%
Adventure Education teaching experience	100	11%
Adventure Education Unit plan	200	22%
Tactical Games Quizzes (4)	40	4.5%
Tactical Games Experience	100	11%
Tactical Games Unit Plan*	200	22%
Global Citizens Assignment: Immersion Experience	150	17%
Participation & Professionalism	70	7%
TOTAL	900	100%

Note: All assignments are weighted

+Hillsborough County Public Schools Task Force specific class activity statement (if applicable)

This project has been approved through the Hillsborough County Public School Research Review process. Note that individual student information is protected under the Family Educational Right and Privacy Act (FERPA). The University of South Florida and Hillsborough County Public Schools both want to ensure that student records are protected and that teachers and potential teachers have the most appropriate training opportunities. **Student Information (K-12) collected for this task will NOT include information that identified the individual student and any student identifiable information/data collected will NOT be retained** (e.g., videos with students in them,

copies of student work, audio recordings of student interviews, etc.) **past the completion of the course and the assignment of a grade by the instructor/professor.”**

***Critical Task :** All tasks designated as critical must be completed with a score of 3 or above on each criterion in order to pass the course. An assignment that receives a score of below 3 on any criterion must be resubmitted until a score of 3 or better is achieved and that score will be entered into the Assignment E-portfolio system. However, the original grade on the assignment will be the score used to compute the final grade for the course. All revisions must be completed before the last class meeting.

XI. Grade Dissemination

Feedback on final unit plans will be handwritten on hard copies. All other feedback will be given via Canvas. All assignments will be returned within 7 days of the due date unless otherwise noted by the instructor.

XII. Course Schedule (TENTATIVE)

PET 3441 – Spring 2024
Instructional Design & Content: Middle School PE
TENTATIVE SCHEDULE

Week	Date	Location	Topics Covered	READ (Prior to Class)	Assignments Given	Assignments Due
1	1/13	PED 213	Course Overview Review Syllabus			
	1/15	PED 213	Adventure Education Overview			
2	1/20	PED 213	Adventure	Dyson & Brown (2010) Panicucci Adventure Ed Chapter <i>Watch: 3 Adventure Ed Ed 1-15</i>		
	1/22	PED 213	Adventure			Adv Ed Quiz 1
3	1/27	PED 213	Present in-class adventure LPs	“ABCs of Adventure” (Stuhr et al 2016) “Nuts & Bolts” (Stuhr et al 2016)		
	1/29	PED 213	Adventure Education			Adv Ed Quiz 2
4	2/3	PED 213	Adventure Education			

	2/5	PED 213	Adventure Education			Adventure LP Adv Ed Quiz 3
5	2/10	PED 213	Adventure Education			
	2/12	PED 213	Adventure Education	Gass & Stevens chapter – Quiz from this chapter Outdoor Ed Text Ch. 1 McNamee & Gay (2017)		Adv Ed Quiz 4
6	2/17	PED 213	Adventure Wrap Up			
	2/19	PED 213 & North Gym	Fitness Testing	Ernst et al (2006) Fitnessgram Gard & Pluim (2017)		Adv Ed Unit
7	2/24	PED 213 & North Gym	Fitnessgram Peer Teach			
	2/26	PED 213 & North Gym	Fitnessgram Peer Teach			
8	3/3	PED 213	Intro to Tactical Games	Mitchell, Oslin & Griffin Ch. 1-5		
	3/5	PED 213	Intro to Tactical Games	Mitchell, Oslin & Griffin Ch. 1-5		TG Quiz 1
9	3/10	PED 213	Tactical Games			
	3/12	PED 213	Tactical Games	Mitchell, Oslin & Griffin Ch. 1-5		TG Quiz 2
10	3/17	SPRING BREAK–No Class! Be Safe. Be Responsible. Have Fun! ☺				
	3/19					
11	3/24	PED 213	Tactical Games	Mitchell, Oslin & Griffin Ch. 1-5	TGA Unit & LPs*	
	3/26	PED 213	Tactical Games			TG Quiz 3
12	3/31	PED 213	Tactical Games			

	4/2	PED 213	Tactical Games	Mitchell, Oslin & Griffin Sport-Specific chapters		
13	4/7		NO CLASS – Dr. Flory @ AERA			
	4/9		NO CLASS – Dr. Flory @ AERA			TGA Block Plan
14	4/14		Tactical Games			
	4/16		Tactical Games	Mitchell, Oslin & Griffin Sport-Specific chapters		TG Quiz 4
15	4/21	PED 213	Tactical Games			
	4/23	PED 213	Tactical Games Work on Unit Plans	Mitchell, Oslin & Griffin Sport-Specific chapters		Unit & LPs* Sport Skill Sheet
16	4/28	PED 213	Tactical Games	TBA		
	4/30	Online	Finish your work!	TBA		GCA Immersion

XIII. Global Citizens Project

PET 3441 is certified as a Global Citizens course and may be used to fulfill partial requirements of the Global Citizen Award upon successful completion of the course (final grade of B or higher).

XIV. Course Policies: Grades (as applicable)

USF PETE Program Policies

- All assignments must be submitted by the due date. Late work for any reason will be penalized by 10% each day it is late. Assignments will not be accepted more than one week past the original due date.
- Students must complete ALL assignments to pass the course.
- All assignments are to be word-processed. No hand-written work will be accepted (except work completed in class).
- Attendance is mandatory. Promptness, preparation for, and active participation in class is expected. There are many legitimate reasons for absences and tardies, (emergencies, sickness, etc.), however, your attendance in class is mandatory. Please review the following policies regarding absences and tardies.

- Each absence will lower your Professionalism grade by 10%. However, STUDENTS SHOULD NOT COME TO CLASS SICK! If students are sick, they should inform the instructor prior to the missed class. Absence due to illness will be evaluated on a case-by-case basis. Prior notification and followed up by a doctors note will suffice.
- If a student must miss class due to a **university-sanctioned** event (athletic event, field trip for another class, etc.), or **religious observance**, written notice must be provided to the instructor PRIOR TO the absence. Students are responsible for all class material when absent--regardless of the reason for the absence
- Arriving late (tardy) or leaving early (for any reason) will lower your Professionalism grade by 5%. Tardies or early departures over 30 minutes are considered an absence (10%).
- Lack of professionalism in class (lack of participation or preparation, checking email, texting, searching the internet, taking phone calls, phone ringing, etc.) will lower your Professionalism grade by 5% for each instance.
- Missing 3 or more classes will result in you needing to repeat the course.
- Although your Professionalism grade is only a percentage of your overall grade, you must earn at least 25% of your professionalism points to pass the course.

Students are expected to follow all guidelines provided in the School's *Student Handbook on Professional Behavior and Ethical Conduct*. Also, in accordance with University guidelines, academic misconduct will not be accepted. Information regarding what constitutes academic misconduct is available in the *University Student Handbook*, along with guidelines for due process if you need to respond to academic misconduct charges.

1. As an undergraduate student, it is expected that you are dedicated to your own professional development and, as such, you will maintain a high standard of integrity and personal responsibility.
2. Professional attire is expected. Most class sessions will involve physical activity. Please dress in comfortable clothing that permits movement including athletic-style shoes. Hats, jog bras without a cover shirt, cut-off shirts, flip flops, and articles of clothing that do not exemplify professionalism are not permitted. If you are not dressed appropriately, you will lose **3 points off of your course grade for each occurrence**.
3. Inappropriate behaviors during class such as being disrespectful to others, using laptops, reading class materials that should have been read prior to class, cell phone use (texting/games/Facebook), will not be tolerated. (Phone usage is easy to spot – no one “just” looks down at their lap every twenty seconds and smiles.) Points may be deducted from your professionalism grade and/or you may be asked to leave the class if these behaviors occur.
4. Assigned readings must be completed prior to each class session.
5. The schedule for the semester is tentative. It is expected that you be prepared for what is planned; and be flexible if changes to the schedule are required.
6. The syllabus, notes, and announcements will be posted on Canvas. In addition, I will email individuals as well as the whole class to communicate important information using Canvas and

your USF email address. You may forward your USF email to another account, but you must be able to communicate via email for this course.

7. Students are expected to follow all guidelines provided in the School's *Student Handbook on Professional Behavior and Ethical Conduct*. Also, in accordance with University guidelines, academic misconduct will not be accepted. Information regarding what constitutes academic misconduct is available in the *University Student Handbook*, along with guidelines for due process if you need to respond to academic misconduct charges.

Grades of "Incomplete": An "I" grade may be awarded to a student only when a small portion of the student's work is incomplete and only when the student is otherwise earning a passing grade. The time limit for removing the "I" is to be set by the instructor of the course. For undergraduate students, this time limit may not exceed two academic semesters, whether or not the student is in residence, and/or graduation, whichever comes first. For graduate students, this time limit may not exceed one academic semester. "I" grades not removed by the end of the time limit will be changed to "IF" or "IU," whichever is appropriate.

XV. Course Policies: Technology and Media

Email: Students are expected to communicate using their USF email address. Email from other accounts may not be received through USF servers (it might go to "junk" mail – and I rarely check that account!). You can contact Dr. Flory using USF email or through the message portal in Canvas. Please allow 24-48 hours for a response during the "regular week." I do not always check my email on the weekends, so please be patient regarding a response.

Canvas: This course will be offered via USF's learning management system (LMS), Canvas. If you need help learning how to perform various tasks related to this course or other courses being offered in Canvas, please view the following videos or consult the Canvas help guides. You may also contact USF's IT department at (813) 974-1222 or help@usf.edu.

Phone Usage: Phones should be silenced in class or when at school sites unless you are specifically asked to use them. It is important that you do not take photos that could include K-12 students in them for privacy reasons.

XVI. Course Policies: Student Expectations

See the Provost's website for standard USF policies on the following topics:

- **Academic Grievance Procedure**
- **Academic Integrity**
- **Disruption to Academic Process**
- **Disability Access**
- **Religious Observances**
- **Sexual Misconduct/Sexual Harassment Reporting**
- **Statement of Academic Continuity**

End of Semester Student Evaluations: All classes at USF make use of an online system for students to provide feedback to the University regarding the course. These surveys will be made available at the end of the semester, and the University will notify you by email when the response window opens. Your participation is highly encouraged and valued.

XVII. Important Dates to Remember

Drop/Add Deadline:	Fri, Jan 16 th 2026
Withdrawal Deadline:	Sat, Mar 28 th , 2026
Spring Break	March 16-22 nd 2026
Classes End	Friday, May 1 st 2026